

## Privacy Policy

The following Privacy Policy governs the online information collection practices of My Food Innergy - Nathalie Sader and all programs hosted by Nathalie Sader (“we” or “us”). Specifically, it outlines the types of information that we gather about you while you are using the Nathalie Sader website and her program sites for members and the ways in which we use this information. This Privacy Policy, does not apply to any information you may provide to us or that we may collect offline and/or through other means (for example, during a webinar, a live event, via telephone, or through email).

Please read this Privacy Policy carefully. By visiting and using our website, you agree that your use of our website, and any dispute over privacy, is governed by this Privacy Policy. Because the Web is an evolving medium, we may need to change our Privacy Policy at some point in the future, in which case we’ll post the changes to this Privacy Policy on this website and update the Effective Date of the policy to reflect the date of the changes. By continuing to use the website after we post any such changes, you accept the Privacy Policy as modified.

### How We Collect and Use Information

We may collect and store personal or other information that you voluntarily supply to us online while using the website (e.g., while on one of the member’s sites or in responding via email to a feature provided on one of the sites). Nathalie Sader only contacts individuals who specifically request that we do so or in the event that they have signed up to receive our free newsletters or have purchased one of our products. Nathalie Sader collects personally identifying information from our users during online registration and online purchasing. Generally, this information includes name and e-mail address for registration to receive our free newsletters upcoming program and product news, and credit card information when purchasing our products. All of this information is provided to us by you.

We also collect and store information that is generated automatically as you navigate online through the website. For example, we may collect information about your computer’s connection to the Internet, which allows us, among other things, to improve the delivery of our web pages to you and to measure traffic on the website. We also may use a standard feature found in browser software called a “cookie” to enhance your experience with the Site. Cookies are small files that your web browser places on your hard drive for record-keeping purposes. By showing how and when visitors use the website, cookies help us deliver advertisements, identify how many unique users visit us, and track user trends and patterns. They also prevent you from having to re-enter your preferences on certain areas of the Sites where you may have entered preference information before. The website also may use web beacons (single-pixel graphic files also known as “transparent GIFs”) to access cookies and to count users who visit the Site or open HTML-formatted email messages.

Please keep in mind that whenever you voluntarily make your personal information available for viewing by third parties online – for example on message boards, web logs, through email, or in chat areas – that information can be seen, collected and used by others besides us. We cannot be responsible for any unauthorized third-party use of such information.

The website also includes links to other websites and provides access to products and services offered by third parties, whose privacy policies we do not control. When you access another website or purchase third-party products or services through the website, use of any information you provide is governed by the privacy policy of the operator of the site you are visiting or the provider of such products or services.

We may also make some content, products and services available through our website through cooperative relationships with third-party providers, where the brands of our provider partner appear on the website in connection with such content, products and/or services. We may share with our provider partner any information you provide, or that is collected, in the course of visiting any pages that are made available in cooperation with our provider partner. In some cases, the provider partner may collect information from you directly, in which cases the privacy policy of our provider partner may apply to the provider partner's use of your information. The privacy policy of our provider partners may differ from ours. If you have any questions regarding the privacy policy of one of our provider partners, you should contact the provider partner directly for more information.

Be aware that we may occasionally release information about our visitors when release is appropriate to comply with law or to protect the rights, property or safety of users of the website or the public.

Please also note that as our business grows, we may buy or sell various assets. In the unlikely event that we sell some or all of our assets, or one or more of our websites is acquired by another company, information about our users may be among the transferred assets.

How do we store your information?

Your information is stored at the list server that delivers Nathalie Sader newsletters. Your information can only be accessed by those who help manage those lists in order to deliver e-mail to those who would like to receive Nathalie Sader newsletters.

All of the newsletters or emails that are sent to you by Nathalie Sader include an unsubscribe link in them. You can remove yourself at any time from our newsletters or mailing list by clicking on the unsubscribe link that can be found in every communication that we send you.

#### Disclaimer

Although it is highly unlikely, this policy may be changed at any time at our discretion. If we should update this policy, we will post the updates to this page on our Website.

If you have any questions or concerns regarding our privacy policy please direct them to [nathalie.sader@gmail.com](mailto:nathalie.sader@gmail.com)